

## STRESS-FREE MOVE-IN CHECKLIST

Use this checklist to help you stay organized as you prepare to move into your new home.

- Purge before packing by eliminating clutter and unnecessary items.
- Obtain moving estimates on the phone, in-home, or using Moves for Seniors online 2-way video survey precise records program.
- Itemize inventory of your furniture and belongings to determine what will be moving with you.
- Sort your items into five groups:
  - Keep       Donate       Throw Away
  - Storage       Give to Family
- Obtain a written appraisal of any antique items to verify value.
- If you need assistance with sorting, packing and rightsizing, Moves for Seniors can arrange a visit by a Senior Move Facilitator in your area.
- Make a list of friends and relatives who should be notified of your move.
- Make arrangements for all utilities including phone, internet, cable, water, garbage, gas and electric.
- Notify these services of change of address:
  - Bank                               Insurance
  - Credit card companies       Social security
  - Vehicle registration         Tax bureaus
  - Organizations & Clubs       Pharmacy
- Obtain all needed medical, dental, and veterinary records.
- Keep all daily necessities nearby for quick access at all times.
- Pack a suitcase with items such as clothing, toiletries, medications, etc., for the first night in your new home.
- Label all of your boxes with the contents and the room it belongs in. Mark the top and one side of the box.
- Color-code or clearly label the different rooms of your home to save time when sorting boxes once you arrive.
- Clearly label which boxes should be unpacked first.
- Use FRAGILE labels for boxes containing delicate and breakable items — place one on top and two on the sides.
- Repack computers and electronics in their original boxes or use a box that's slightly larger than the component to allow room for extra packing materials.
- Label the wires, cords, and jacks of your components to make re-connecting your system quick and easy.
- Keep all of your important documents in one place so they are accessible during the transition.
- Confirm your moving date and any services needed.

We are ready to help you make a smooth, stress-free transition into your new home.

Moves for Seniors, the nationwide leader in Senior moving services, is ready to help you make a smooth transition into your new home. From downsizing, donating, disposal, storage, and moving, you can take advantage of our expertise to make sure your move into your new home is as stress free as possible. Our Senior Move Specialists will guide you along the

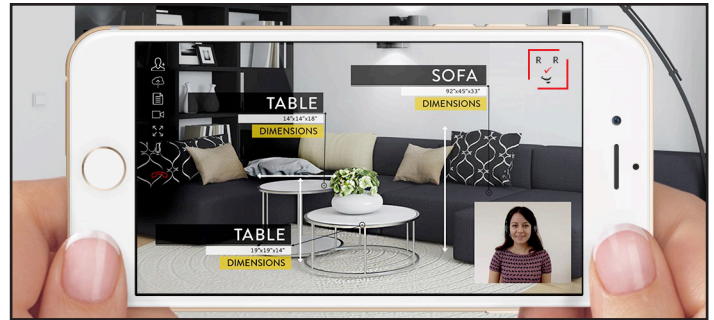
way and provide a comprehensive assessment of your needs and manage all moving logistics. Our experienced movers are licensed, vetted and fully insured for local or long distance moves. We also offer move financing for residents moving into senior housing communities to keep cash flow going and ensure a stress-free transition into their new home.

Call: 1-800-227-0515 or Email: [eclipse@movesforseniors.com](mailto:eclipse@movesforseniors.com)  
[www.movesforseniors.com/eclipse](http://www.movesforseniors.com/eclipse)

**Moves for Seniors makes obtaining moving estimates fast and easy by offering three options to fit your needs. It can be done on the phone, in your home, or using our online ROOMROVER™ 2-way video survey program.**

The ROOMROVER™ is a 2-way video recorded program that simplifies estimates and provides precise records for your next move. You are connected online with a Senior Move Specialist who will walk you through your home room by room asking questions, offering suggestions and learning more about your current and future needs.

Just like an in-home visit, with the ROOMROVER 2-way video survey, you can discuss specific requirements for moving, storing, gifting and disposing of belongings and heirlooms.



**ROOMROVER™ GIVES EVERYONE A CLEAR VISION FOR A SMOOTH TRANSITION**

Whichever estimating process you select, your Senior Move Specialist will guide you through the downsizing, planning and moving process. Our goal is to make sure your transition into your new home goes as smoothly as possible. Contact us and schedule a free moving estimate.

## Sell Your Unneeded Items with Our EZ-Auction Senior-Service Program

**It's Quick, Easy and Perfect for Downsizing and Estate Sales**

If you are downsizing, dealing with an estate, or liquidating lots of inventory, take advantage of our EZ-Auction Service Program. It's a full service online auction program that can help you sell practically everything and turn unneeded items into profitable dollars.

Unlike Craigslist and eBay, Moves for Seniors EZ-Auction service is focused on Seniors and can do all the work for you: cataloging and photography, marketing, dealing with potential buyers, and collection of payments. The EZ-Auction online program provides competitive bidding and a transparent record of the whole process.

### Profit from Our Simple 3-Step/11-Day Process

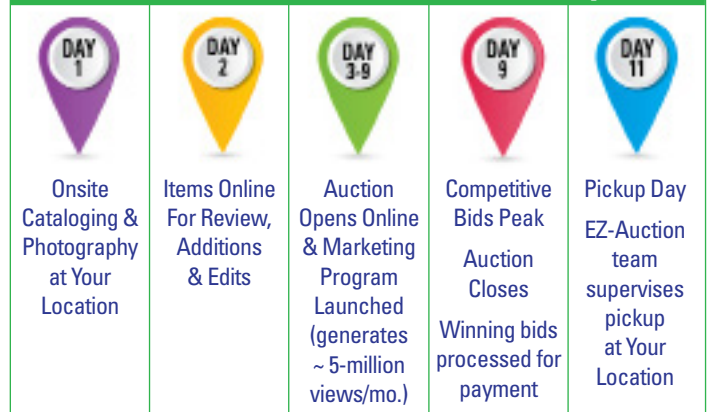
Moves for Seniors will manage the auction and provide an expert team of auction specialists who will come to your home and handle everything from A-Z. It's a simple 3-step process over an 11 day period that will make sure you get the most value out of your auction. You simply sit back and watch everything sell.

Moves for Seniors' EZ-Auction Service Program is focused on helping Seniors convert contents to cash through downsizing and estate sales. Contact us today and we can help you start selling unneeded items quickly, easily and efficiently.



Simplified Service for Selling Seniors' Stuff

### ONLINE AUCTION PROCESS IS SIMPLE & QUICK



**Sell the MOST with the LEAST Hassle**  
**Contact Moves for Seniors for more details on our online auction, downsizing and moving services.**

**Call: 1-800-227-0515 or Email: [eclipse@movesforseniors.com](mailto:eclipse@movesforseniors.com)**